



SUPPORTING CHILD WELL-BEING

Consider the structure of the day from the children's perspective

- Reduce the amount of transitions that occur during the day
- Implement an emergent curriculum
- Base curriculum and pedagogy on the children's strengths, interests and needs
- Provide children with choices throughout day
 - What to play
 - Where to play
 - Who to play with

Transitions

- Snack time at any time
- Reduce the amount of transitions that occur in the day

Relationships

- Supporting children's friendships
- Opportunities: large group/small group experiences
- Working in partnership with parents/family

Outdoor Playful Experiences

- Daily outdoor play opportunities have a positive effect on child well-being; consider seamless provision
- Play in green environments; this benefits self-regulation and emotional well-being
- Mud kitchens provide open-ended sensory play experiences

Emotional Vocabulary

- Supporting children's emotional vocabulary aids them in labeling and communicating their feelings
- When children express their feelings and emotions it contributes to positive emotional well-being
- Share books with children that explore different feelings and emotions

Visual Aids

Implementing visual aids in the ELC setting supports children to see the environment as predictable and understandable.

- Visual schedule
- Choice board
- Task analysis