



# CREATING A CALM MORNING TRANSITION



## THE ENVIRONMENT:

The transition to pre-school starts the moment the children arrive at the setting.

- Ensure the entrance is clear and not overcrowded, perhaps by staggering arrival times or using different entrances for different rooms.
- Create a sense of belonging with 'welcome' signs in different languages.
- Keep the entrance hall free of clutter and noise to reduce sensory overload.

## MORNING GREETING

- Using a Key Person approach allows consistency each day on arrival for children and families.
- The key person should greet the child using their preferred communication method or home language.
- Communicating with parents at this time informs you of any relevant information and builds trusting relationships with families.



## ROLE OR RESPONSIBILITY

- Give the child a task or responsibility to complete each morning on arrival.
- This could be 'signing in' using their picture or putting their belongings away.
- This gives the child a sense of control and predictability, and a task to focus their attention on, while building independence at the same time.

## GET TO KNOW THE CHILD

- Learning about children's likes, interests, needs, and stages of development.
- This will help you plan play provocations that will interest the child and encourage them to engage in the setting.
- Use the voice of the child to plan your interactions and strategies to help them settle in.



## STRATEGIES

- Create a visual schedule so children can see what to expect each morning.
- Use consistent routines to create a sense of security.
- Observe and reflect on how children are settling to help you adapt to their individual needs.
- Involve the children and families with open communication and by following the child's lead.



(BUCKEYE UNION SCHOOL DISTRICT N.D.)



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